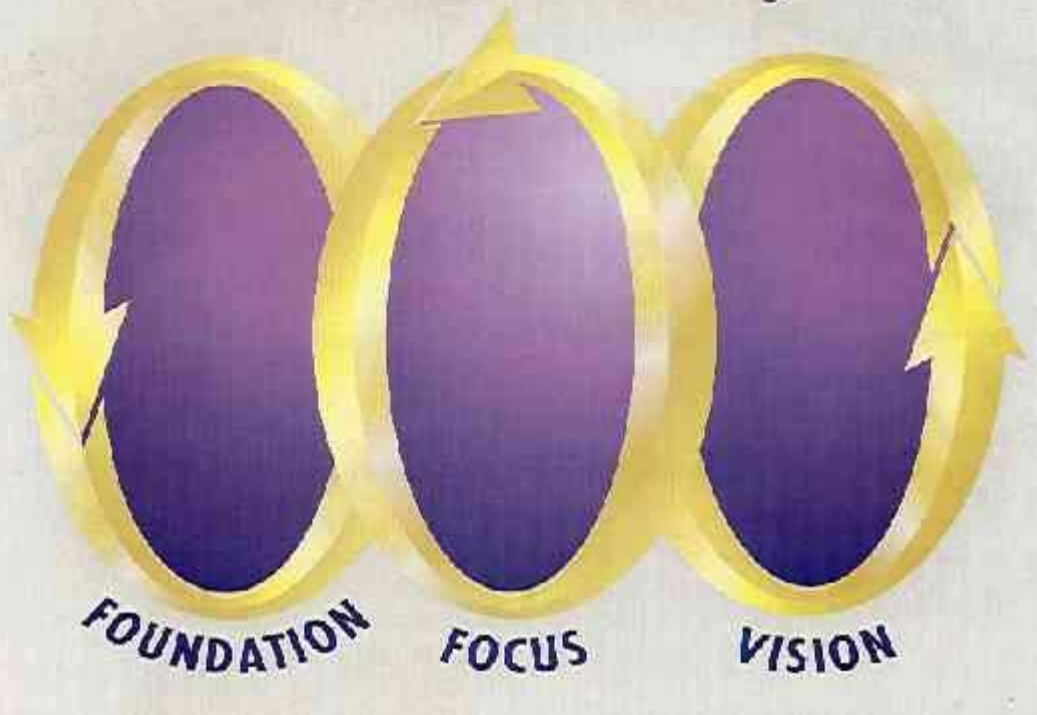


# AVI

*A Values Inventory*



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## Introduction

This questionnaire is the result of over 30 years of research and development, the past nine specifically related to Australasian culture by Colins and Chippendale.

Thousands of people have completed the AVI Questionnaire since 1988. The Values Education Network, Universities and social planners, use statistics from the AVI database to observe values shifts in various cultural groups.

The Questionnaire has been designed to elicit your priority values...

- ◆ How you are trying to satisfy your basic needs
- ◆ What are the **most** important things in your life

## Instructions

The Questionnaire has been split into four parts relating to:

- ◆ What makes you happy
- ◆ What you and / or others value you for
- ◆ What empowers you
- ◆ What gives you a sense of freedom

There are 25 sets of statements relating to each of these topics.

With the five statements in each set:

- ◆ Choose the statement that is the most important to you - the one that, if you were a fighting person, you would fight for
- ◆ If two or more statements seem equally important choose the one that impacts most upon your daily life. (You will have the opportunity to choose the others when they reappear with a different set of statements.)
- ◆ On the **response sheet**, **circle** the letter of the statement selected
- ◆ If none of the statements in a set are important to you circle X on the response sheet

## Example Question

Before you start the questionnaire here is an example for you to look at:

I ENJOY MYSELF MOST WHEN...

1. A. My worth and property are respected (I treat others this way too)  
B. I have the freedom to express myself openly  
C. I can give full expression to my sexuality  
D. I am competent at what I do  
E. I have transcended my personal needs through the practice of contemplated detachment

On the response sheet, the A was circled...

1.  A  B  C  D  E  X

This means that, out of this set of statements, the value Rights / Respect is more important to this person than the other values of:

- B. Expressiveness / Freedom
- C. Sensory Pleasure / Sexuality
- D. Self Competence / Confidence
- E. Detachment / Transcendence

There are 125 values in all - covering all kinds of things that are important to people, for example:

- ◆ Physical pleasure
- ◆ How we should treat each other
- ◆ Religion
- ◆ Global human rights issues
- ◆ The environment, etc.

*Because we are all different, many of the statements following will be of no interest to you whatsoever, so skip over them.*

- ◆ *Only choose a statement that relates to something in your life that is more important to you than the others in the set*
- ◆ *If all the statements in a set are not even of the slightest importance to you, choose X on the response sheet*

You are now ready to begin. Looking at the value statements below, is statement A, B, C, D, or E more important to you? Circle your selection on the response sheet. Move to set two and so on until you have completed all 100 sets.

**If you do not write on this questionnaire, it can be used again saving paper and the environment.**

## I ENJOY MYSELF MOST WHEN...

1.
  - A. I have a balance between work and play
  - B. I am able to explore and express my sexuality
  - C. I am discovering new insights through study and observation
  - D. I am accountable to the established codes of conduct
  - E. I am supported by my equals in both happy and sad times
2.
  - A. I have harmony between the time I spend alone and the time I spend with others
  - B. I am involved in aiding the poor at a global level
  - C. I am energised by achieving goals and expectations
  - D. I question existing laws until they are clear and meaningful to me
  - E. I am complying with legal and moral obligations
3.
  - A. I encourage responsible interactions among others through my commitment to a set of ethical principles
  - B. I adapt well to life's changing situations and circumstances
  - C. I help build community in order to maximise co-operation and creativity
  - D. I plan well so that things run smoothly and efficiently
  - E. I am able to relate who I am to history and tradition
4.
  - A. I confront unjust situations of oppression
  - B. I am fantasising about the good life
  - C. I am striving to integrate my body, mind and spirit
  - D. I am able to express my faith and belief in God
  - E. I am protected and free from cares and anxieties
5.
  - A. I am promoting human dignity issues
  - B. I am able to accept the fact that I do have limitations
  - C. I am able to take complex ideas and simplify them for practical use by all
  - D. I have a sense of personal authority through my possession of skills and property
  - E. I can function well enough to perform basic tasks
6.
  - A. I am able to work to support my family
  - B. I am not faced with overwhelming fears about my physical environment
  - C. I use ritual and the arts to become more aware of world social conditions
  - D. I spend quality time with my family
  - E. I am generous and of service to others
7.
  - A. I am able to avoid upsets and conflict
  - B. I respect and defend the rights of others
  - C. I am describing a vision that moves people to act upon human rights issues
  - D. I am able to put things in order and create new arrangements
  - E. I can explore and implement new, creative, effective organisational designs
8.
  - A. I have time for the kind of leisure that enhances my creativity
  - B. I am working to maintain a reciprocal balance of tasks in an environment where each person is responsible
  - C. I can support and take pride in my country
  - D. I am creating new systems for positive social change
  - E. I am loyal and efficient and conform to established expectations
9.
  - A. I am applying my knowledge of science
  - B. I am providing equal opportunities for all people
  - C. I am able to raise people's consciousness through public speaking or writing
  - D. I am committed to values that are life-giving even at personal risk
  - E. I promote physical, emotional and spiritual

10. A. I give myself the time to detach from everyday pressures and gain a more global perspective  
B. I am rational and objective  
C. I am able to turn my creative ideas into concrete reality  
D. I receive respect for myself and my property and I respect others and theirs  
E. I am searching for my unique place in the world
11. A. I can be myself regardless of who I am with  
B. I am part of a group where there is effective communication between persons and departments  
C. I am able to work co-operatively rather than alone  
D. I am managing and directing people for maximum efficiency  
E. I am involved in research and contemplation of the nature of truth
12. A. I am gaining understanding through the pursuit of knowledge  
B. I am in a relationship where we are both faithful and loyal to each other  
C. I am contributing to the needs of society through establishing long term organisational goals  
D. I am participating actively in the arts  
E. I win in a competitive situation
13. A. I am with someone with whom I can communicate so openly that they are free to explore who they are  
B. I am able to take out for fun  
C. I am motivated to use my unique skills to contribute to society  
D. I can influence changes that promote greater human equality and balance between the natural and constructed order  
E. I am valued and accepted by the people I respect
14. A. I work hard to achieve  
B. I spend time with people who like me  
C. I am collaborating with my colleagues when I delegate authority to them  
D. I am initiating new ideas and projects  
E. I am doing what is necessary to protect myself from harm
15. A. I make choices that make me more independent  
B. I am working for organisational growth and development  
C. I am following the procedures set down by the legal system  
D. I feel that my personal property and my country is well defended  
E. I am beautifying the environment through my art works
16. A. I can be proud of being an important part of my organisation  
B. I can laugh at my mistakes and limitations  
C. I am exercising personal discipline  
D. I manage and direct financial resources at an institutional and inter-institutional level  
E. I am honest and caring but confronting when necessary
17. A. I am able to joyfully express my ideas and feelings  
B. I have a comfortable home and food  
C. I can manage with efficiency and control  
D. I am caring for someone and have someone to care for me  
E. I have ample time for creative silence
18. A. I have the ability to protect myself in adverse conditions  
B. I am respected, supported and validated by my peers  
C. I am open to what others reflect back to me  
D. I am clear about who is in charge and where I stand  
E. I am planning long term goals through prayerful reflection within a group

19. A. I help develop technology that improves distribution of goods to alleviate world poverty  
 B. I can express what I am really thinking  
 C. I am offering polite and respectful treatment to others and receiving the same in return  
 D. I help develop positive community interdependence  
 E. I have attained favourable financial results in my business
20. A. I have personal direction over my own property  
 B. I present a successful image to others  
 C. I am part of a group that is equally responsible for establishing and following a common set of rules  
 D. I have elders and authority figures that I can honour and respect  
 E. I am able to share my hopes, dreams and fantasies openly and reciprocally with another
21. A. I am committing my talents and resources to creating the means for every person to experience their basic rights  
 B. I can effectively bring people and systems together  
 C. I can share daily with my friends  
 D. I am successfully completing my formal education or training  
 E. I can put my point of view across boldly
22. A. I am personally accountable for my specific job  
 B. I am sharing and listening with another in a climate of trust  
 C. I have a playful and positive attitude towards organisations and systems  
 D. I am personally exploring the marvellous world around me  
 E. I am part of a group that co-operates creatively to develop new ideas
23. A. I am physically affectionate  
 B. I am confident and competent  
 C. I help develop new, creative organisations  
 D. I can clearly comprehend people and systems through intense pursuit of ultimate truth  
 E. I see myself as equal to others I live and work with
24. A. I have met my obligations and done my duty  
 B. I am able to be with others in such a way that they are able to see themselves more clearly  
 C. I know I can function well physically  
 D. I have established my financial stability by making a profit  
 E. I help others by being patient with them
25. A. I engage in meditation that prepares me for intimacy with others  
 B. I am experiencing and expressing my total self  
 C. I can have my physical senses gratified  
 D. I can control my feelings and personal interests in order to survive  
 E. I am involved in world ecology issues and preserving environmental beauty

### **I AM VALUED (BY MYSELF AND / OR OTHERS) WHEN...**

26. A. I use liturgy and the arts as a means of raising consciousness in others  
 B. I can enjoy activities that are undirected, spontaneous and fun  
 C. I experience physical affection  
 D. I am developing my maximum potential through spiritual, psychological, physical and mental exercises  
 E. I am in control of myself and can stay alive in hostile situations
27. A. I have fulfilled my duty to help others who need me  
 B. I work to ensure that my peers are treated fairly  
 C. I know I can function well enough to care for myself  
 D. I help diverse groups realise that they are dependent on one another and can work together creatively  
 E. I am secure through the accumulation of material possessions

28. A. I help create a more stable and equitable world economic order  
 B. I act according to the rules  
 C. I have the capacity for self criticism  
 D. I maintain a peaceful environment  
 E. I can avoid personal injury and danger
29. A. I have achieved something noteworthy in the world of work or education  
 B. I am able to state my personal thoughts and ideas  
 C. I am able to exercise reason before emotion  
 D. I am a part of a group of people that maximises my creative potential  
 E. I am learning about the wonderful and amazing world I live in
30. A. I am affirmed and respected by those I respect and esteem  
 B. I am financially supporting my family  
 C. I am committed to pursuing the truth in order to better understand different realities and the relationships between people and systems  
 D. I am studying to understand the nature of truth  
 E. I am of service to others through my vocation
31. A. I am realising my potential through balancing time at work with time for relaxation  
 B. I am creating new insights and awareness through systematic investigation  
 C. I am responsible for and in charge of, my particular job  
 D. I am able to enjoy my individual rights and respect those of others  
 E. I can think and act for myself without being swayed by external authority
32. A. I live by a set of ethical principles by which I hold myself accountable  
 B. I am flexible and adaptable even under stress  
 C. I am liked by my friends  
 D. I am being productive through completing tasks and fulfilling expectations  
 E. I can physically defend my home and / or nation
33. A. I have the skills and ability to make things that enhance the environment  
 B. I have the ability to communicate universal truths in a way that allows others to explore and accept their limitations  
 C. I creatively enhance the organisation by giving equal opportunities to all people  
 D. I involve myself in traditional rituals and celebrations  
 E. I use the law as a guide for my actions
34. A. I can be open and accepting with and of another and also spend time alone in meditation  
 B. I can offer my gifts and skills as a contribution to alleviating world poverty  
 C. I keep my promises to those with whom I have close relationships  
 D. I dutifully and submissively obey those in authority  
 E. I am able to protect myself from physical harm or destruction
35. A. I am the special person my friend can share everything with  
 B. I can be sexually and sensually satisfied  
 C. I can accept and work within the chain of command  
 D. I offer service and don't expect reciprocation  
 E. I am physically and emotionally supported by my family and friends
36. A. I am involved in a life giving cause  
 B. I am aware of the practical relationship between human oppression and creative ecological balance  
 C. I can demonstrate a commitment to following the doctrines and teachings of religion  
 D. I am a good family person  
 E. I can be objective about my strengths and limitations

37. A. I am conceiving and initiating new organisational forms  
 B. I am competent and confident in all that I do  
 C. I am able to appreciate the life giving value of art and beauty  
 D. I take personal equality very seriously for myself and others  
 E. I can experience my personal worth through fantasy and amusement
38. A. I come first in my chosen field of competition  
 B. I demonstrate that my words and feelings usually correspond  
 C. I am supportive of and supported by my group  
 D. I have adequate food, warmth and shelter  
 E. I appear in a way that reflects success and achievement
39. A. I belong to, and function as, an integral part of my group / organisation  
 B. I am able to enrich life by simplifying complex information and technology  
 C. I can establish organisational goals and long term planning  
 D. I am developing my potential through the validation and respect of my friends and peers  
 E. I can put myself in another's place so that I can understand them more clearly
40. A. I can effectively control the management of resources in order to make a profit  
 B. I am dedicating myself to education and the pursuit of knowledge that leads to new insights  
 C. I am able to share myself so openly that others are free to do the same  
 D. I am supportive of my peers in both good and bad times  
 E. I am secure because I have personal direction over my personal property
41. A. I can joyfully experience all the sense of my body  
 B. I have the ability to be with another person in a quality way  
 C. I can live with the fact that sometimes my life is ruled by fate  
 D. I am supportive of and devoted to my country  
 E. I follow the rules that have mutually been determined
42. A. I spend time and energy on the liberation of the oppressed  
 B. I am instrumental in the organisation being productive and efficient  
 C. I can share my belief in personal discipline  
 D. I act responsibly to begin a creative course of action  
 E. I have the influence to enable others to take authority for the created order of the world
43. A. I can contribute to the group's potential  
 B. I respect those in authority  
 C. I can practice faith oriented contemplation  
 D. I suffer patiently for another's benefit  
 E. I am studying hard to earn a degree (or trade certificate)
44. A. I am part of a group who mutually share property and are detached from material pressures  
 B. I have people I can trust and share my feelings with  
 C. I know I am among friends  
 D. I put energy into technological design and order  
 E. I am able to use technology as a means to simplify life
45. A. I enable people to work together to enhance one another's skills  
 B. I am courteous and hospitable  
 C. I have sufficient detachment to transcend daily pressures in order to work on world-wide values issues  
 D. I can encourage good communication at all levels  
 E. I am developing my potential through awareness of good all-round health practices

46. A. I have the ability to enable a group to come to consensus decisions through prayerful reflections  
 B. I am developing my physical co-ordination and dexterity  
 C. I am able to exercise control in an efficient manner  
 D. I am able to express my personal integration of thoughts and feelings in a straight-forward, objective manner  
 E. I can provide a framework for positive change
47. A. I have been efficient and have planned well  
 B. I can actively contribute to the growth and expansion of my organisation  
 C. I am actively involved in human rights issues at a global level  
 D. I can openly explain my behaviour in relation to the established codes of conduct  
 E. I am in a safe place or relationship where I feel secure
48. A. I am helping the corporation make things work in society in new ways  
 B. I can communicate the truth about global justice issues so clearly that people are moved into action  
 C. I seek regular evaluation about myself from my peers  
 D. I am able to defend the dignity of others  
 E. I am seen as being important because I have skills and property
49. A. I can be accountable within my own area of responsibility  
 B. I am discovering new insights about myself  
 C. I am able to apply my knowledge of physical / natural science in practical ways  
 D. I can collaborate with my group and share responsibility  
 E. I can use my non-work time in a way that allows me to be playful and spontaneous
50. A. I am part of a harmonious group that is efficient and follows the rules  
 B. I can laugh at my own imperfections  
 C. I am creating new ideas and the means to express them  
 D. I am engaged in the regular discipline of non-attachment that leads to quality relationships  
 E. I am able to live my life in total harmony

### **I AM EMPOWERED WHEN...**

51. A. I am self disciplined and everything is in order  
 B. I am acting on my own conscience without external prompting  
 C. I am striving for achievement and success  
 D. I feel integrated - physically, mentally and spiritually  
 E. I know that I have enough to eat and a place to live
52. A. I am present to others in a way that their lives become more meaningful to them  
 B. I feel that my physical sense have been gratified  
 C. I can take time to play and get to know the fun side of myself  
 D. I can contribute my part without being influenced  
 E. I know that when people I respect really know me they will respect me too
53. A. I am able to marvel at the amazing world around me through personal exploration  
 B. I know that I have a useful knowledge of science and its applications  
 C. I use my longing for personal integration to seek out my place in the world  
 D. I know that I have the skills to create new organisational styles in order to enhance society  
 E. I can obey the rules and dutifully do as I am told
54. A. I can clearly understand people and systems and their interrelationships  
 B. I am making a valuable contribution to society through my work  
 C. I am cared for and protected  
 D. I can spend time on my personal discipline  
 E. I can be skilful and confident

55. A. I can create my own criteria based upon existing rules  
 B. I can learn from my own mistakes  
 C. I can demonstrate that I value loyalty  
 D. I can protect myself in a dangerous environment  
 E. I gain success and the esteem of others through the way I appear
56. A. I experience the support of my peers  
 B. I know that the group's resources are more than the sum of our individual input  
 C. I know that the issues of national security are a governmental priority  
 D. I belong to a team whose members value conforming to group expectations  
 E. I know that others understand me when I put my feelings and ideas into words
57. A. I help to improve world social conditions through the use of my technological expertise  
 B. I offer courtesy and hospitality to others  
 C. I know that I have the capacity for original thought  
 D. I closely follow established customs and regulations  
 E. I am respected by others because I am able to make a profit
58. A. I avoid conflict and maintain a peaceful environment  
 B. I feel free to express and enjoy myself  
 C. I know that I can function well enough to care for myself  
 D. I know that I have the skills in management design to help my organisation grow  
 E. I can work on international rights issues
59. A. I work for the disadvantaged in a way that confronts unjust situations  
 B. I am in the process of developing my full potential  
 C. I agree to be accountable, with the other group members, to the rules  
 D. I have influence that is leading to gaining a balance between human and ecological needs  
 E. I can cope with the awesome and frightening world around me
60. A. I know that I have the necessary skills to earn a living  
 B. I initiate creative organisational development  
 C. I am able to express fondness and devotion through touching  
 D. I can work towards global ecology through the use of "friendly" technology  
 E. I can see that all persons are treated equally regardless of race, sex or any other differences
61. A. I am able to use my unique skills to help others  
 B. I have good friends that I share with daily  
 C. I am seen as a financially successful person  
 D. I can act on the knowledge that co-operation is always preferable to individual decision making  
 E. I am able to understand global economic trends
62. A. I know, from experience, that I am liked  
 B. I can delegate authority and responsibility to others and then work alongside them  
 C. I am in a situation where people clearly communicate written and verbal information  
 D. I am part of a group whose capabilities far exceed the sum of the individuals  
 E. I give myself positive feedback about my boundaries and inabilities
63. A. I am part of my organisation's planning team that takes society's needs into account when setting goals  
 B. I can experience the pride of ownership  
 C. I have my physical and emotional needs met by accumulating property  
 D. I am able to help others transcend their limitations and gain a new perspective on the needs of the disadvantaged  
 E. I am able to perform basic instrumental skills

64. A. I can be a caring person who can also accept being cared for  
 B. I can work in the development of support groups of peers  
 C. I can appreciate pattern, order and technological design  
 D. I know that what I say and write awakens and liberates the oppressed  
 E. I can take time out to relax and explore my potential
65. A. I am able to help others become aware of world social conditions and their ability to rise above personal needs  
 B. I can restrain myself in order to survive  
 C. I can share good times and fantasies with others  
 D. I am gaining knowledge and insight through structured investigation  
 E. I am loved and accepted by my family
66. A. I work hard to complete my formal education or training  
 B. I can bear difficult and painful experiences with calm stability  
 C. I can act upon the awareness that there is an ethical and moral claim of all persons to fair treatment  
 D. I can share who I am with a friend and they can do the same  
 E. I can conform to the established standards within the organisation
67. A. I can work with others to ensure that every person has their basic needs met  
 B. I worship regularly with those who share my faith  
 C. I can be outspokenly honest even under adverse conditions  
 D. I can appreciate art purely for the beauty it expresses  
 E. I am able to put faith in another (or a cause) even at personal risk
68. A. I can listen and respond to others in such a way that they perceive themselves with clarity  
 B. I can honour and respect the worth of my superiors  
 C. I can promote co-operation and interdependent use of group talents  
 D. I can experience a visionary perspective through exercising spiritual detachment  
 E. I place importance upon the value of history and tradition
69. A. I am gratifying my sexual desires  
 B. I am part of a group where each person has to explain and justify their behaviour in relation to set rules  
 C. I respect the worth of others as they respect me  
 D. I am investigating, researching and discovering new truths  
 E. I can remain pliable during ongoing processes
70. A. I can survive and avoid personal injury in hostile conditions  
 B. I can be assertive with others  
 C. I am able to enrich others by addressing their conduct in relation to espoused values  
 D. I am affirmed by my peers and social acquaintances  
 E. I am in charge of a specific area within my organisation and accountable for its results
71. A. I experience ongoing learning as a means of gaining new facts, truths and principles  
 B. I regularly seek evaluation about myself from others  
 C. I can stay ahead of the competition  
 D. I can look after my emotional, physical and spiritual needs through self awareness and preventive discipline  
 E. I can love, honour and support my country
72. A. I reach my goals by completing tasks and assignments  
 B. I experience my own integrity and power by being able to fully and honestly express myself  
 C. I know that I have the ability to simplify complex ideas  
 D. I have my intimacy with others and my solitude in balance  
 E. I have the trained capacity to think logically and reasonably

73. A. I know that I have the skills and ability to produce quality craft work  
 B. I know that, through honest interaction and prayerful reflection, a group can come to consensus decisions  
 C. I am managing and directing other people  
 D. I can introduce creative ideas for positive change in social organisations  
 E. I belong to an organisation that I can be proud of
74. A. I have the authority to be in command  
 B. I can improve the quality of my relationships with others by taking time out occasionally  
 C. I have the ability to accurately hear another's thoughts and feelings and trust mine to them  
 D. I can engage in work that involves efficient and careful planning  
 E. I see the enhancement of the organisation through the diversity of its members
75. A. I live my life by the rules  
 B. I am involved in world-wide distribution of resources that meet basic human needs  
 C. I have the ability to show my feelings in creative and supportive ways that increase levels of co-operation  
 D. I can enjoy living even though I might have the resources to do otherwise  
 E. I am able to detach from work and engage in playful activities

### **I HAVE A SENSE OF FREEDOM WHEN...**

76. A. My mental and physical emotions are in harmony  
 B. I can achieve set goals by generating and completing tasks  
 C. I am able to help my organisation develop creatively  
 D. I can demonstrate that I am committed to local and national security  
 E. I can share my feelings and fantasies openly
77. A. I am able to exercise specific management functions and tasks  
 B. I belong to a group whose purpose is to provide ongoing mutual support  
 C. I can both offer and receive hospitality  
 D. I have transcended my personal needs through the practice of contemplative detachment  
 E. I know that positive social change will occur through the means of pioneering and creative programmes
78. A. I am part of a group where everyone is mutually accountable for what happens  
 B. I know what to do because the rules exist to tell me  
 C. I am able to be of service to others through my unique skills and abilities  
 D. I am able to maintain the status quo  
 E. I am supported by my group to express my creativity, both independently and collaboratively
79. A. I can experience the pleasure of both natural and person made creations  
 B. I can work on projects that construct and develop things in new ways  
 C. I am secure and free from worries  
 D. I am able to express my religious beliefs  
 E. I have a vocation that is of service to others
80. A. I can balance work and relaxation  
 B. I can see that my country is powerful and respected  
 C. I can take physical care of myself in order to save myself from harm  
 D. I can renew my energy through quality play  
 E. I am able to creatively alter the consciousness of others by simplifying the complex
81. A. I am able to utilise my full potential  
 B. I gain increased intuition through the pursuit of truth  
 C. I can play as a release from the anxiety of everyday life  
 D. I can renew people by being with them in a quality way  
 E. I know that I am valued by those that know me well

82. A. I am energised by a sense of rivalry  
 B. I can help create new organisational forms that enhance society  
 C. I am able to enrich the meaning of my life through ritualising historical events  
 D. I know that I can survive from day to day  
 E. I am able to write or speak in such a way that life and hope are renewed in the receiver
83. A. I am experiencing and expressing my sexual identity  
 B. I expect others to respect my worth and property and they do  
 C. I am given the responsibility of a specific area or course of action within the organisation  
 D. I am acting on my own authority and making my own decisions  
 E. I can help establish long term objectives through honest, prayerful discernment
84. A. I know that I have the skills to raise awareness through ritual  
 B. I know that my skills are a positive contribution  
 C. I am able to accept that the world is a somewhat overwhelming place where fate rules much of the time  
 D. I am seeking ultimate truth above all other activities  
 E. I do all that is necessary for my family's well being
85. A. I am involved in a new, but sometimes risky venture that involves a commitment to a mission  
 B. I can spend time fantasising about the future and about the good times  
 C. I can help others to enhance the natural beauty of the world through creative technology  
 D. I can take a course of action that addresses and helps correct conditions of human oppression  
 E. I am able to support my family
86. A. I am engaged in research and the pursuit of knowledge for the purpose of gaining new insights  
 B. I can use scientific tools and devices in practical ways  
 C. I know I have the ability to express myself in an objective way  
 D. I look successful through my physical appearance  
 E. I can be in control of, and care for, my property
87. A. I am enjoying the physical comforts of life  
 B. I reflect my commitment to equality and liberation through my behaviour  
 C. I know that every person has the opportunity to develop their potential through receiving basic human rights  
 D. I am able to be objective about my personal skills and work both independently and co-operatively when necessary  
 E. I am disciplined in my faith in a way that leads me towards unity with the Divine
88. A. I am loyal and faithful to those I live and work with  
 B. I am helping the poor by eliciting inter-institutional and governmental collaboration  
 C. I do what is expected of me  
 D. I know that I have met my physical, emotional and spiritual needs  
 E. I feel secure and respected because I have accumulated wealth
89. A. I can express myself congruently  
 B. I can control things so that all goes according to plan  
 C. I have shelter from harsh elements and sufficient food  
 D. I can make a profit for my company and they respect me for it  
 E. I can recognise that my limits are the framework for exercising my talents
90. A. I can feel proud of what I own  
 B. I know that I have a group of friends  
 C. I am occasionally rewarded by new understandings gained from my dedication to learning  
 D. I can direct my own activities  
 E. I know that I have superiors that I can respect

91. A. I know that others recognise that I have achieved something important  
 B. I can be empathetic and caring towards others  
 C. I can make concrete my new and creative ideas  
 D. I experience friendly feeling from my peers  
 E. I am seen as a valuable member of my group / organisation
92. A. I know that I can survive by putting my feeling on hold  
 B. I know that I have the ability to become a whole integrated person  
 C. I know that there is a need to balance the relationship between the needs of humans and the need to preserve the natural world  
 D. I can express my need for physical affection  
 E. I am able to adjust readily to changing situations
93. A. I can view laws as a guide for my own moral conscience  
 B. I am part of a group of people from different cultural and ethnic backgrounds who creatively enhance the organisation  
 C. I can control and direct personnel for the purpose of optimising productivity and efficiency  
 D. I can describe a vision of rights for all people in such a way that the hearers are motivated to act  
 E. I am part of a group that helps all people, at a global level, gain access to food, shelter, employment and education
94. A. I know that my craft pieces enhance and beautify the places in which they are put  
 B. I can share intimately with another in a climate of mutual integrity  
 C. I know that I have the ability to establish goals and long term planning that contributes to the needs of society  
 D. I can enable organisation leaders to understand global economic trends  
 E. I have done my duty and fulfilled my obligations
95. A. I know that I have strengths as a consequence of having limitations in other areas  
 B. I am able to maintain a sense of curiosity and wonder about nature  
 C. I am part of a harmonious and energised group who co-operatively can surpass predicted abilities  
 D. I am part of a group where all members agree to be accountable to the rules  
 E. I can share deeply on an ongoing basis with a trusted friend
96. A. I receive a certificate or degree as a result of my studies  
 B. I know that I am valued by friends and peers  
 C. I am equally responsible for establishing the rules by which the group members agree to be accountable  
 D. I have my intimacy with others and my solitude in balance  
 E. I can create new arrangements through arts or technology
97. A. I can think rationally based upon a formal body of information  
 B. I am searching for personal meaning  
 C. I am sustained in both good times and bad by friends who are my equals  
 D. I can follow my own beliefs and act accordingly  
 E. I have produced very little wastage in the projects I have designed
98. A. I can spend time alone, detached from everyday activities  
 B. I am supportive of my family and friends and they support me  
 C. I am part of the methodical ranking of people working within the established standards of the organisation  
 D. I know that myself and others are treated fairly  
 E. I am making decisions with others
99. A. I am able to act according to my set of principles and ethics  
 B. I know that I have the ability to take care of myself physically  
 C. I can support and enhance the skills and qualities of others in my group  
 D. I know that I have contributed to establishing unity and uniformity in the group  
 E. I am with creative people who have fun while simplifying and enhancing life

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- A. I can feel sympathy for suffering people because I too have suffered
  - B. I recognise that to seek evaluation of myself is necessary for my own growth
  - C. I am part of a system that communicates effectively
  - D. I can co-operate interdependently with all levels of management
  - E. I can use my technological skills to help in the distribution of basic necessities to third world countries

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